



2021 NEW YOU CHALLENGE: JANUARY 18 - APRIL 18

CORE Health WEEKLY TRACKER

WEEK OF: _____

MY GOAL THIS WEEK: _____

		MON	TUE	WED	THU	FRI	SAT	SUN	TOTAL	
ORDER	Order monthly BulaFIT supply <small>(minimum \$100 product order, once a month)</small>→							yes or no or not yet	
FORTIFY	Use Mfinity or Muscadine Boost	2 pts.	×	×	×	×	×	×		
	Take Pink Fijian Ginger and Fijian Turmeric	2 pts.	×	×	×	×	×	×		
	Take 2 other wellness products <small>(Any product from the Targeted Nutrition category in the store)</small>	2 pts.	×	×	×	×	×	×		
HYDRATE	Stay Bula-hydrated all day <small>(3 20-oz. bottles or 60 oz. total of water)</small>	1 pt.	×	×	×	×	×	×		
	Take Daily Detox and Sport & Go	2 pts.	×	×	×	×	×	×		
CONNECT	Post on the BulaFIT Facebook group once or more this week	5 pts.→							
	Post about BulaFIT on personal social media once or more this week	5 pts.→							
	Watch the Monday Core Health/Wellness webinar*	5 pts.	×	-	-	-	-	-	-	
	Watch BulaFIT LIVE!*	5 pts.	-	-	-	-	×	-	-	
TEAM	Communicate daily with your team	2 pts.	×	×	×	×	×	×		
	Attend your weekly team call	10 pts.→							

* For details on corporate weekly broadcasts, webinars and LIVE events, see wakayablog.com/calls

Remember to visit www.bulafitwarrior.com and complete your weekly check-in!